

DAYTIME SAVOURY MENU 7AM-5.30PM



BREAKFAST/BRUNCH CREPES

All our crepes are made personally for each guest. They are made with Organic French Buckwheat which we import from France and all are gluten and dairy free. Tell us if you are coeliac or intolerant! Buckwheat is low carb, highly nutritious and made from a seed not a grain - a healthy choice!

Ham & Cheese/ Cheese & Egg/ Cheese & Spinach/ Egg & Spinach (DF) 11

La Complété - Ham, Cheese and Free Range Egg 13

La Breakfast Crepe - Bacon, Egg, Spinach, Mushroom and fresh Tomatoes 17 (DF)

La Benedict Crepe - 2 Eggs, Baby Spinach, Homemade Caramelised Onions, Hollandaise Sauce with Bacon 20. Or with **Smoked Salmon** 23

Maison Signature French Toast Crepe

Our unique creation. A crispy organic buckwheat crepe soaked in egg, cinnamon and icing sugar, served with caramelised banana, crispy bacon, seasonal fruits, sliced almonds, whipped cream and real Canadian Maple Syrup 18

LUNCH CREPES

La Cranberry Chicken Crepe - Succulent, marinated Chicken, Brie Cheese, Brie Sauce, Caramelised onions, Cranberry Sauce and Salad Garnish. 15

La Power Chicken Crepe - Succulent, marinated Chicken, Homemade Beans with onion and capsicum, Caramelised Onions, baby Spinach. 15 (DF)

La Vegetarian - Homemade Beans with herbs and spices, capsicum and onion, herb mushrooms, Caramelised Onions, Baby Spinach and an Egg. 15 (DF)

La Vegan - as above but with no egg and fresh tomatoes, nuts and seeds. 15

La Saumon Crepe - Smoked Salmon with Lemon Cream Cheese, Baby Spinach, Red Onion, Capers, Hollandaise and lemon juice. 19

Add a **Salad** to any of the above 4

Extra Egg 2 | Add Salmon 6 | Add Bacon/Chicken/Ham 4 | Add Tomatoes/ Mushrooms/ Spinach/Caramelised Onion 3

Sautéed Potatoes 4

(please let us know if dairy free required so we do not use butter on crepe machines)